

## Edna G. Kynett Memorial Foundation Grants

### 2025 Organization

### Project Title

Camden Coalition, Inc.

Strengthening home-based cardiovascular health management through changes to NJ Medicaid policy

Community Volunteers in Medicine

Hypertension Management Improvement Program

ChesPenn Health Services

Home Blood Pressure Monitoring Saves Lives

Phoenixville Free Clinic

Cardiovascular Health Equity Program

Temple University – of the Commonwealth  
System of Higher Education

Personalized Stroke Prevention Program

## Edna G. Kynett Memorial Foundation Grants

### 2024 Organization

African Family Health Organization (AFAHO)

### Project Title

HEART - Healthy Eating and Regular Testing: Culturally and linguistically appropriate hypertension and Type 2 diabetes prevention, education, screening and access to care program for African and Afro-Caribbean immigrants and refugees between the ages of 15-78 in the greater Philadelphia area.

Bridging the Gaps Consortium

Stipends for health and social service students working in community health organizations serving under-resourced populations as part of the BTG Community Health Internship Program.

Camden Coalition of Healthcare Providers

Home-based medication reconciliation and whole-person care planning for individuals with complex health and social needs in Camden, NJ

Center in the Park

Health Promotion Programs: Support for adults age 55+ through evidenced-based nutrition, fitness, and health education programs.

Children's Hospital of Philadelphia

Multi-level interventions addressing pre-diabetic conditions among low-income, minority children and families

Christiana Care Health Services Inc

Delaware Food Farmacy: Strengthening health and community through group cooking classes and health support for pregnant women at risk for cardiovascular disease.

Community Volunteers in Medicine

Hypertension Management

Esperanza Health Center

Hope and Health with Lifestyle Medicine for prevention and/or reversal of cardiovascular disease.

## Edna G. Kynett Memorial Foundation Grants

The Food Trust	<u>Inside Out:</u> Healthy food strategies to improve cardiovascular health for returning citizens and their families
Girl Scouts of Eastern Pennsylvania, Inc.	<u>Trefoil Fitness Challenge:</u> Increasing knowledge regarding cardiovascular health, healthy living and behaviors for girls 5 - 17 in the greater Philadelphia area.
Greener Partners	Belmont Community Heart-Healthy Eating: support for monthly fresh food distribution and multi-generational nutrition and health education program in Belmont.
Healthy NewsWorks	<u>Cub Reporter Program:</u> Literacy and experiential learning for children in grades K-3, focusing on critical health topics and heart-healthy behaviors.
Students Run Philly Style	<u>Building to Broad Street:</u> Supporting Philadelphia youth through long distance running programs and informed mentorship.

## Edna G. Kynett Memorial Foundation Grants

### 2023 Organizations

African Family Health Organization (AFAHO)

### Project Title

HEART - Healthy Eating and Regular Testing: Culturally and linguistically appropriate hypertension and Type 2 diabetes prevention, education, screening and access to care program for adult African and Afro-Caribbean immigrants and refugees between the ages of 18-64 in the greater Philadelphia area.

Bridging the Gaps Consortium

Stipends for health and social service students working in community health organizations serving under-resourced populations, while training future health and social service professionals through the BTG Community Health Internship Program.

Camden Coalition of Healthcare Providers

Blood Pressure Management: A Community based intervention for patients with complex health issues and social needs.

Center in the Park

Health Promotion Programs: Support for wellness of adults age 55+ through evidenced-based nutrition and health education programs.

Children's Hospital of Philadelphia

Home Plate + Food Bucks Rx: A multi-level intervention to address dietary disparities and food insecurity among low-income, minority families during early childhood

Christiana Care Health Services Inc

Food is Medicine A Pathway to Healthier Pregnancy Outcomes: Providing weekly groceries, cooking instruction, and nutrition and health education for women with poor pregnancy outcomes.

Delaware Breast Cancer Coalition

Yes2Health Expansion: One-on-One Nutritional Support/Counseling for Breast Cancer Survivors

## Edna G. Kynett Memorial Foundation Grants

FOCUS on Health & Leadership of Women	<u>FOCUS Medical Student Fellowship (MSF) addressing Disparities in Cardiovascular Health:</u> Stipends for medical students in an intensive mentored research program in the field of cardiovascular health disease.
Healthy NewsWorks	<u>Cub Reporter Program:</u> Literacy and experiential learning for children in grades K-3, focusing on critical health topics and heart-healthy behaviors.
Lehigh Valley Hospital (LVH)-17th Street	<u>Centro del Corazon:</u> A program seeking to increase access to health services, improve quality of care, sustain long-term provider and patient relationships, reduce cardiovascular risk factors, and reduce readmission rates across the Hispanic population served by LVH.
Maternal and Child Health Consortium	<u>Diabetes and Chronic Disease Prevention Program:</u> Providing high risk families and their young children with nutrition and chronic disease prevention education.
Students Run Philly Style	<u>SRPS 23-24 School Year Season:</u> Increase access to physical activity and provide mentoring for Philadelphia youth, in grades 6-12, facing higher risks of cardiovascular disease.
YWCA Tri-County Area	<u>YW CHAMPS:</u> Improve cardiovascular health through nutrition and fitness education for children ages 3-7 and their families.

## Edna G. Kynett Memorial Foundation Grants

### 2022 Organization

African Family Health Organization (AFAHO)

### Project Title

HEART - Healthy Eating and Regular Testing: Culturally and linguistically appropriate Hypertension and Type 2 Diabetes prevention, education, screening and access to care program for adult African and Afro-Caribbean immigrants and refugees between the ages of 18-64 in the greater Philadelphia area.

Bridging the Gaps Consortium

Stipends for health and social service students working in community health organizations serving under-resourced populations, while training future health and social service professionals through the BTG Community Health Internship Program.

CATCH Global Foundation

Philadelphia CATCH Whole Child Wellness Initiative, Year 3: An evidence-based program in nine K-8 schools in the School District of Philadelphia to improve nutrition, increase physical activity, prevent obesity, and promote lifelong healthy habits for cardiovascular health.

Center in the Park

Healthy Connections: Health Promotion Programs: Support for wellness of older adults (age 55+) through evidenced-based nutrition and health education programs.

Community Volunteers in Medicine

Diabetes/Cardiovascular Care Program: Primary and specialty medical care, telemedicine, diabetes education, nutrition counseling, health education, medication therapy management, and social services serving more than 1,200 low-income, uninsured patients who are at high risk for cardiovascular disease.

Delaware Breast Cancer Coalition

Yes2Health: 12-week walking and health education program geared toward underserved people at risk for breast cancer, cardiovascular disease, and diabetes, to increase physical activity and nutritional knowledge, while at the same time reducing stress by empowering individuals to make healthy changes in their lives and improve their health outcomes.

FOCUS on Health & Leadership of Women

FOCUS Medical Student Fellowship (MSF) on Disparities in Cardiovascular Health: Stipends for medical students in an intensive mentored research program in the field of cardiovascular health disease.

The Free Library of Philadelphia Foundation

Nourishing Literacy at the Free Library of Philadelphia: Programming seeking to provide an effective foundation for lifelong healthy cooking, eating, and overall wellness habits to youth, caregivers, teachers, and intergenerational groups.

## Edna G. Kynett Memorial Foundation Grants

### 2022 Organization

Healthy NewsWorks

### Project Title

Cub Reporter Programs Engaging Young Students as Messengers for Heart-Healthy Behaviors: Program serving children in grades K-3 that uses literacy instruction and experiential learning to introduce critical health topics to children living in under-resourced communities.

Maternal and Child Health Consortium

Diabetes and Chronic Disease Prevention Program: Providing high risk families and their young children with nutrition and chronic disease prevention education.

Philadelphia College Of Osteopathic Medicine Foundation

City Avenue Health Care Center Blood Pressure Cuffs: Empower patients diagnosed with hypertension to manage their blood pressure, and provide physicians with an additional tool with which to engage at risk patients.

Puentes de Salud

Promotora Program to Prevent Cardiovascular Disease: Community Health Worker program providing direct services to under-resourced communities in Philadelphia.

Students Run Philly Style

Path to Broad Street: Increase access to physical activity and provide mentoring for Philadelphia youth, in grades 6-12, facing higher risks of cardiovascular disease. SRPS students and their volunteer mentors train to complete the 2023 Blue Cross Broad Street 10 mile Run.

YWCA Tri-County Area

YW CHAMPS: Improve cardiovascular health through nutrition and fitness education for children ages 3-7 and their families.

2021 Organization	Project Title
African Family Health Organization (AFAHO)	<u>HEART - Healthy Eating and Regular Testing</u> : Culturally and linguistically appropriate Hypertension and Type 2 Diabetes prevention, education, screening and access to care program for 250 unduplicated adult African and Afro-Caribbean immigrants and refugees (ACIR) between the ages of 18-64 in the greater Philadelphia area.
Bridging the Gaps Consortium	To support program supplying health related services to underserved populations, while training future community health and social service professionals.
CATCH Global Foundation	<u>Philadelphia CATCH Whole Child Wellness Initiative, Year 2</u> : Implement the evidence-based CATCH Program in 8 new schools in the School District of Philadelphia during the 2021-22 school year to improve nutrition, education, increase physical activity, prevent obesity, and promote lifelong healthy habits for cardiovascular health.
Center in the Park	<u>Healthy Connections: Health Promotion &amp; Evidence-Based Programs</u> : Support the wellness of older adults (age 55+). Programs are currently offered primarily remotely until COVID infection rates decrease to a level that is safe for our participants.
Community Volunteers in Medicine	<u>Chronic Disease Management for Uninsured Adults</u> : Support and expand the use of telehealth and Chronic Disease Management program, which is designed to help patients regain and maintain their health so they may continue to be productive members of the community and provide for themselves and their families.
FOCUS on Health & Leadership of Women	<u>FOCUS Medical Student Fellowship (MSF) on Disparities in Cardiovascular Health</u> : Support a medical student in an intensive mentored research experience in the field of cardiovascular health disparities.
Free Library of Philadelphia Foundation	<u>Nourishing Literacy at the Free Library of Philadelphia</u> : Provide an effective foundation for lifelong healthy cooking, eating, and overall wellness habits to youth, caregivers, teachers, and intergenerational groups.



2021 Organization	Project Title
Greener Partners	<u>Healthy Schools Project</u> : Prevention program that helps children, families, and others in the community surrounding schools to grow, cook, and eat the fruits and vegetables linked to heart health and lifelong healthy eating through a combination of food access, food education, and food sovereignty.
Maternal and Child Health Consortium	<u>Diabetes and Heart Disease Prevention Program</u> : Provide high risk families and their young children with nutrition and chronic disease prevention education.
Maternity Care Coalition	<u>MOMobile Home Visiting for High-Risk Families</u> : MOMobile home visiting programs for high-risk families in the Greater Philadelphia area. Services focus on the vulnerable periods of pregnancy and early childhood, and include a cardiovascular health component, intensive case management, health and parenting education, and mental health counseling.
Philadelphia College Of Osteopathic Medicine Foundation	<u>Home Blood Pressure Monitors - Cambria Healthcare Center</u> : Empower patients diagnosed with hypertension to play a vital role in the management of their blood pressure with home blood pressure monitors, providing physicians with an additional tool with which to engage at risk patients.
St. Christopher's Foundation	<u>Farm to Families Online Marketplace and Home Delivery</u> : Program to prevent cardiovascular disease by ensuring children and their families have access to fresh, heart-healthy, affordable foods.
Students Run Philly Style	General Operating Funds
University of Pennsylvania School of Nursing	<u>Produce Rx: Improving Weight and Cardiovascular Risk in Adults with Food Insecurity and Obesity</u> : Randomized controlled trial (RCT) in 50 adults with obesity and food insecurity to assess the impact of produce prescriptions (Produce Rx), combined with BWL, on weight loss and cardiovascular risk factors among adults with food insecurity and obesity. Goal is to demonstrate effective food supplementation interventions to reduce socioeconomic disparities in cardiovascular health.

**2021 Organization**

**Project Title**

YWCA Tri-County Area

YW Early Education Nutrition Initiative: To improve cardiovascular health through nutrition and fitness education for children ages 3-7 and their families.

2020

**Organization**

**Project Title**

African Family Health Organization (AFAHO)

HEART: Culturally and linguistically appropriate Hypertension and Type 2 Diabetes prevention, awareness, education, screening and access to care for unduplicated African immigrants and refugees in the greater Philadelphia area. The HEART program aims to increase knowledge about Hypertension and Type 2 diabetes and personal risk factors, decrease risk factors through lifestyle changes and encourage early diagnosis and access to medical care.

Bridging the Gaps Consortium

General Operating Support: To support programs supplying health related services to underserved populations, while training future health and social service professionals.

Camden Coalition of Healthcare Providers

Camden Core Model of Care Management: Help patients with complex health and social needs avoid extreme patterns of healthcare utilization and improve their wellbeing. Community-based care teams link patients to both healthcare and social services, and ensures they are able to effectively access resources that address their needs in areas such as specialty care, legal services, food security and nutrition, housing, transportation, and public benefits.

CATCH Global Foundation

Philadelphia CATCH Whole Child Wellness Initiative: Implement the evidence-based CATCH Program in 6-8 Philadelphia public schools during the 2020-21 school year to K-8th grade students, to improve nutrition, increase physical activity, prevent obesity, and promote lifelong healthy habits for cardiovascular health.

Center in the Park

Health Promotion & Evidence-Based Programs: Improve the health and wellness of older adults through an ongoing proactive community wellness model providing low income older adults with activities, resources, and peer support needed to maintain independence, ensure healthy quality of life, and manage chronic conditions, including cardiovascular disease.

Community Volunteers in Medicine

CVIM: General Operating Support for medical services.

The Free Library of Philadelphia/Read by 4th

Nourishing Literacy at the Free Library of Philadelphia: Provide an effective foundation for lifelong healthy cooking, eating, and overall wellness habits to youth, caregivers, teachers, and intergenerational groups.

**2020  
Organization**

**Project Title**

Jefferson Medical College	<u>Nutritional Community Health Worker Intervention to Address Cardiovascular Health:</u> Develop specialized, nutritional training for Community Health Workers so that they may provide individualized interventions for patients with cardiovascular disease who have been identified as high-risk for an Emergency Department visit or hospitalization.
La Comunidad Hispana	<u>La Comunidad Hispana:</u> General Operating Support for medical services.
Lehigh Valley Hospital	<u>Food as Medicine:</u> Measurably mitigating cardiovascular risk factors in high-risk young children through a food pharmacy delivery program.
Maternity Care Coalition	<u>Maternity Care Coalition:</u> General Operating Support
Philadelphia College Of Osteopathic Medicine Foundation	<u>Home Blood Pressure Monitoring:</u> Provide home blood pressure monitors to patients diagnosed with hypertension, as a means to improve patient management of blood pressure.
Project H.O.M.E.	<u>General Operating Support:</u> Provide basic nutritional and medical needs during the COVID-19 pandemic to 1,000 residents, who were reached through homeless outreach, and low-income community members in Lower North Philadelphia.
Puentes de Salud	<u>General Operating Support:</u> Provide emergency relief services in addition to maintaining long-term services available to the Puentes de Salud communities during the COVID-19 pandemic.
Students Run Philly Style	<u>Students Run Philly Style (SRPS) Virtual Resilience:</u> Expanding access and enhancements to SRPS health and wellness programming, virtually and in person, to ensure youth remain active, healthy and connected through the COVID-19 pandemic.

**2020**

**Organization**

**Project Title**

Temple University-Of The Commonwealth  
System Of Higher Educ

Collaboration for Cardiovascular Equity in Research Program: Provide research support for senior medical students and postgraduate medical trainees from under-represented minority groups.

University of Pennsylvania School of Nursing

Dance for Health: Intergenerational program to increase activity and reduce risk of cardiovascular disease in youth.

University of the Sciences

Surviving Stroke: Telehealth exercise and rehabilitation for Philadelphians recovering from strokes.

YWCA Tri-County Area

YW CHAMPS: Improve cardiovascular health through nutrition and fitness education for children ages 3-7 and their families.

2019

**Organization**

**Project Title**

Bridging the Gaps Consortium	<u>General Operating Support</u> - To support programs supporting health related services to underserved populations, while training future health and social service professionals.
FOCUS on Health & Leadership of Women	<u>FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health</u> - One year grant to a Penn junior faculty recipient of the Kynett-FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health
The Free Library Of Philadelphia	<u>Nourishing Literacy at the Free Library of Philadelphia</u> - Fund programming for children 3-8, and their caregivers in the Culinary Literacy Center, their classrooms, and their local neighborhood libraries, providing a foundation in healthy eating, cooking and wellness.
Healthy NewsWorks	<u>Hearty Kids: Increasing Program Capacity for Sustainability and Expansion</u> - Expand online learning video based lessons and teacher training and resources to ensure future program expansion and sustainability for children 5-7.
La Comunidad Hispana	<u>Heart Health Program</u> - Providing children and their family members at risk of poor heart health with clinical care, health education, and individual consultation with a dietician, and access to free or reduced-cost healthy food and exercise supplies and opportunities.
Maternal and Child Health Consortium	<u>MCHC Diabetes and Heart Disease Prevention Program</u> - Diabetes and heart disease prevention education to improve long-term health outcomes and healthier lives for mothers and their children.
Maternity Care Coalition	<u>MOMobile at Riverside</u> - To improve the health of pregnant and parenting incarcerated women and their babies and to help women acquire the resources and parenting skills they need to establish healthy families as they make the transition from prison to home.
Mindfulness Through Movement Inc	<u>Mindfulness through Movement, Inc.</u> - General Operating Funds.

**2019**

**Organization**

**Project Title**

Playworks Pennsylvania

General Operating Support - Expand safe and healthy play programming in Philadelphia and surrounding counties during 2019-2020 school year.

St. Christopher's Foundation

Farm to Families - Collaborative community-based effort to improve diets and health of children and families through education and access to fresh foods.

Students Run Philly Style

Strengthening Support for Students Run Philly Style's School Year Season - General Operating Funds.

Vetri Community Partnership

Culinary Medicine - Nutrition and culinary education for youth and family members at risk of cardiovascular diseases.

YWCA Tri-County Area

YW CHAMPS - To continue and expand nutrition education and fitness programming to Pre-K Counts classrooms in Pottstown to support Family Cooking Matters.

# Edna G. Kynett Memorial Foundation Grants

2018

Organization	Project Title
African Family Health Organization (AFAHO)	<u>"Eat Right, Live Bright" Nutrition Education Program</u> - To provide nutrition, education, physical fitness awareness and body image information to African immigrant and refugee children and their caregivers.
Bridging the Gaps Consortium	<u>General Operating Support</u> – To support programs supporting health related services to underserved populations, while training future health and social service professionals.
Community Volunteers in Medicine	<u>Hypertension Treatment Program</u> - Treat patients diagnosed with hypertension to make lifestyle changes through counseling, wellness education, referrals and coaching support to lower their hypertension.
FOCUS on Health & Leadership of Women	<u>FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular</u> - One year seed grant to a Penn junior faculty recipient of the Kynett-FOCUS Junior Faculty Investigator (JFI) Award for Research in Women's Cardiovascular Health.
Health Federation of Philadelphia, Inc.	<u>Community Resiliency Model Training</u> To provide a series of 12 trainings to staff who interact and provide direct services to high risk, underserved populations throughout the Philadelphia, as well as community members (parents, families) who receive these services.
Healthy NewsWorks	<u>Hearty Kids Phase II</u> - Expand pilot cardiovascular education project called "Hearty Kids" as well as its overall focus on cardiovascular health
La Comunidad Hispana	<u>Childhood Cardiovascular Risk Initiative</u> – Health interventions targeted to Latino families at risk of poor health.
Maternal and Child Health Consortium	<u>Healthy Hearts for Healthy Families</u> - Promote physical activity and nutrition for healthier lifestyles to prevent heart disease and diabetes in low-income mothers and their families.
Maternity Care Coalition	<u>MOMobile at Riverside</u> - To improve the health of pregnant and parenting incarcerated women and their babies and to help women acquire the resources and parenting skills they need to establish healthy families as they make the transition from prison to home.
Mercy Neighborhood Ministries of Philadelphia, Inc.	<u>Childhood Cardiovascular Risk Initiative: Improving Cardiovascular Health by Addressing Risk Factors in Young Children</u> - Expanding a comprehensive early childhood nutrition and obesity prevention program to combat the prevalence of cardiovascular disease and other chronic conditions in Philadelphia's most at-risk children.
People's Emergency Center	<u>uGO Community Fitness Challenge</u> - uGO is an outdoor community exercise program which utilizes fitness instructors, nutritionists, volunteer nurses and youth leaders to monitor participants' progress and encourage them to succeed.



Playworks Education Energized

Playworks Education Energized – Support Playworks Coach service at 10 low-income Philadelphia public elementary schools, providing 30-45 minutes of safe, healthy play to approximately 2600 K-2 students.

Students Run Philly Style (SRPS)

Extended Mentoring and Increased Capacity serving Middle School Youth - To increase positive health outcomes for middle school students enrolled in Students Run Philly Style's (SRPS) new School-Year Season.

YWCA Tri-County Area

YW CHAMPS – To continue and expand nutrition education and fitness programming to all Pre-K Counts classrooms in Pottstown.

# Edna G. Kynett Memorial Foundation Grants

2017

Organization	Project Title
African Family Health Organization (AFAHO)	<u>Eat Right, Live Bright</u> - To provide nutrition, education, physical fitness awareness and body image information to African immigrant and refugee children and their caregivers.
Bridging the Gaps Consortium	<u>General Operating Support</u>
Center in the Park	<u>Health Promotion and Evidence-Based Programs</u> - to support programs that offer a community-based approach to disease self-management and prevention, including cardiovascular health, which complements the traditional healthcare system.
FOCUS on Health & Leadership of Women	FOCUS Junior Faculty Investigator Award for Research in Women's Cardiovascular Health & FOCUS Medical Student Fellowship in Women's Cardiovascular Health
La Comunidad Hispana	<u>Childhood Cardiovascular Risk Initiative</u> - to help low-income residents of southern Chester County stay healthy, build strong families, and lead productive lives by providing high-quality, culturally welcoming services.
Maternal and Child Health Consortium	<u>Healthy Hearts for Healthy Families</u> - Promote physical activity and nutrition for healthier lifestyles to prevent heart disease and diabetes in low income mothers and their families.
Maternity Care Coalition	<u>Fit Beginnings for Mom (at MOMobile at Riverside)</u> - to empower incarcerated pregnant & parenting women to improve their cardiovascular health by creating a healthy lifestyle environment for themselves & their children.
One House at a Time (OHAAT)	<u>General Operating Support</u>
Philadelphia College of Osteopathic Medicine	<u>A Cardiovascular Health Intervention Program for Post-Menopausal Women</u> - support programs for post-menopausal females, who are at increased risk for cardiovascular events.
Students Run Philly Style (SRPS)	<u>Reaching Marginalized Youth</u> - Enable SRPS to target recruitment to enroll 115 of Philadelphia's most vulnerable youth into SRPS programming.
University of Pennsylvania	<u>Black Men Hip to BP: A Mobile Health (mHealth) Self-Management program for Black Men with Uncontrolled Hypertension</u> - Determine feasibility and acceptability of a mobile health self management intervention among hypertensive black men.
Vetri Community Partnership	<u>Mobile Teaching Kitchen</u> - To support Mobile Teaching Kitchen which will provide culinary and nutrition education right in low income neighborhoods.
YWCA Tri-County Area	<u>YW CHAMPS = Children Health and Movement Program Series</u> - To continue and expand nutrition education and fitness programming to all Pre-K Counts classrooms in Pottstown.

## 2016

### Organization

### Project Title

Berks Visiting Nurse Association	<u>Community Health Services Program</u> –to provide education and support to reduce hospital admissions and readmissions for older patients with congestive heart failure.
Bridging the Gaps Consortium	<u>General Operating Support</u> - to support programs providing health related services to underserved populations, while training future health and social service professionals.
The Food Trust	<u>Heart Smarts</u> – to support expansion of the Heart Smart component of the Healthy Corner Stores program, including intensive anti-smoking interventions, screenings and counseling in the stores.
Health Federation of Philadelphia, Inc.	<u>Let's Move Too!</u> - to provide training for staff and instruction for parents to help them incorporate exercise and stress reduction into their lives and those of their children.
Healthy NewsWorks	<u>Hearty Kids</u> – support for expanding the Healthy NewsWorks program to grades K through 2.
La Comunidad Hispana	<u>Heart Health Program</u> – to pilot a family physical activity project for those at risk for cardiac disease.
Maternity Care Coalition	<u>General Operating Support</u>
National Nurse-Led Care Consortium	<u>Students Run Philly Style</u> - to support long distance running programs for middle and high school students in Philadelphia.
National Nurse-Led Care Consortium	<u>Philadelphia Nurse-Family Partnership &amp; Mabel Morris Family Home Visit Program</u> – to integrate nutrition and physical activity education into the home visiting program for young families.
People's Emergency Center	<u>uGO Community Fitness Challenge</u> - to fund outdoor community fitness programs in West Philadelphia.
Public Citizens for Children and Youth	<u>General Operating Support</u>
Thomas Jefferson University	<u>Reducing Cardiovascular Risk in Children Through Nutrition</u> - to pilot a collaborative program with the Maternity Care Coalition, providing nutrition education and a food buying club for pregnant women and young families.
University of Pennsylvania School of Medicine	<u>FOCUS on Health &amp; Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women's cardio-vascular health.
Weaver's Way Community Programs	<u>Food Moxie's Hope Kitchen</u> – General Operating Support
YWCA Tri-County Area	<u>Children Health and Movement Program (YW CHAMP)</u> – to support programming offering fitness, meditation and yoga classes with nutritional education and cooking instruction to families, coupled with physical education, nutrition and stress reduction techniques for their children

## 2015

### Organization

### Project Title

American Heart Association, Inc.

Check.Change.Control Community High Blood Pressure Program - to fund blood pressure monitoring and health coaching for high risk North and West Philadelphia Residents.

Bridging the Gaps Consortium

General Operating Support - to support programs providing health related services to underserved populations, while training future health and social service professionals.

The Food Trust

Heart Smarts Program in Healthy Corner Stores – to continue support of the Heart Smarts program in corner stores to reduce heart disease in low income areas.

Gideon Elementary School

Playworks Program – funding for a Playworks coach to provide opportunities for physical activity and safe play during recess and constructive in-class activities.

Maternity Care Coalition

Fit Beginnings for Mom – to improve the cardiovascular health of pregnant and postpartum women incarcerated in Riverside Correctional Facility.

National Nursing Centers Consortium

Students Run Philly Style –to support long distance running programs for middle and high school students in Philadelphia.

Penrose Elementary School

Penrose STEM PLUS Fitness & Health Program – funding to improve the health and fitness of the students, staff and parents, while introducing students to STEM and health care careers.

People's Emergency Center

uGO Community Fitness Challenge – to fund outdoor community fitness programs in West Philadelphia.

Project H.O.M.E.

Community Health Worker-Led Outreach and Health Screenings For Underserved Communities – support for CHWs working with the Stephen Klein Wellness Center to provide improved detection, cardiovascular education and access to healthcare.

University of Pennsylvania

MyHeartCare Project – to fund delivery of cardiovascular health education and resources to hypertensive postpartum mothers, incorporating text messaging.

University of Pennsylvania School of Medicine

FOCUS on Health and Leadership of Women – Junior Faculty Investigator Award and Medical Student Fellowship for research in women's cardiovascular health

## 2014 – 60<sup>th</sup> Anniversary Grants

### Organization

### Project Title

Abbotsford-Falls Family Practice & Counseling Network

Heart to Heart - a collaboration between the Network and Abbotsford Homes using a community health worker (CHW) to promote cardiovascular health among residents of the Homes and of the neighborhood.

Health Promotion Council of SE PA

Corazones en Accion – a multi-level intervention using a CHW to provide outreach, education and patient navigation services to improve the cardiovascular health of low income Latina women.

Penn Center for Community Health Workers

IMPACT Primary Care – training and evaluation support for CHWs in West and Southwest Philadelphia working to improve cardiovascular outcomes for low-income patients through outreach integrated with clinical care.

Project H.O.M.E.

Community Health Worker-Led Outreach and Health Screenings For Underserved Communities – support for a CHW working with the Stephen Klein Wellness Center to provide improved detection, cardiovascular education and access to healthcare.

Puentes de Salud

Promotoras Program - support for promotoras working to improve cardiovascular Health in the underserved Latino population of South Philadelphia through outreach programs integrated with clinical care.

## 2014 – Regular Cycle Grants

### Organization

### Project Title

Black Women’s Health Alliance

Prime Time Sister Circle (PTSC) Program – to improve the cardiovascular health of African American women in Philadelphia.

Bridging the Gaps Consortium

General Operating Support - to support programs providing health related services to underserved populations, while training future health and social service professionals.

Children’s Hospital of Philadelphia

Grow2Gether Program at CHOP – Obesity intervention program for low income mothers with children aged 6-15 months, using social media.

Drexel University College of Medicine

Hypertension HighLights-ASH - 2014 Seminar for Office Practitioners.

The Enon-Coulter Community Development Corporation

The Culture of Health Program - a twelve month series of activities and programs to reduce cardiovascular disease in the church’s community.

The Food Trust

Heart Smarts Program in Healthy Corner Stores – to support and evaluate the pilot of the Heart Smarts program in corner stores to reduce heart disease in low income areas.

Gearing Up

Cardiovascular Health Among Female Inmates at Philadelphia County Women’s Prison - to fund a research program evaluating the impact of an indoor cycling and health education program for incarcerated women.

Jefferson Medical College

Cardiovascular Education of Primary Care Physicians - to fund The Edna G. Kynett Memorial Foundation Seminar series and CME for primary care physicians on the prevention of cardiovascular disease.

Maternity Care Coalition

Fit Beginnings for Mom – to improve the cardiovascular health of pregnant and postpartum women incarcerated in Riverside Correctional Facility.

National Nursing Centers Consortium	<u>Students Run Philly Style</u> – long distance running program for middle and high school students in Philadelphia.
Penn Presbyterian Medical Center	<u>Cardiology Update 2014: A Patient Management Approach</u> – to support continuing medical education.
Pennsylvania Academy of Family Physicians Foundation	<u>Targeting, Measuring and Treating Cardiometabolic Risk</u> - to support the Academy’s Residency and Community Health Center Collaborative programs to instruct family medicine residents and practitioners at community health centers in cardiovascular care, using a outcomes based CME evaluation model.
People’s Emergency Center	<u>uGO Community Fitness Challenge</u> – to fund outdoor community fitness programs in West Philadelphia.
Philadelphia Department of Public Health	<u>Public Health Approaches to Improving Clinical Care</u> - to fund research using Medicaid data to determine patterns of medication adherence among hypertension patients.
St. Christopher’s Foundation	<u>A Fresh Start for a Healthy Heart</u> – to provide low income children at risk for cardiovascular disease with fresh food and nutritional education.
University of Pennsylvania School of Medicine	<u>FOCUS on Health and Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women’s cardiovascular health.

**2013**

**Organization**

**Project Title**

African Family Health Organization	<u>HEART – Healthy Eating and Regular Testing</u> – to improve the cardiac health of African and Caribbean immigrant and refugee women in the greater Philadelphia area by providing screenings, educational sessions and individual counseling.
Bridging the Gaps Consortium	<u>General Operating Support</u> -to support programs providing health related services to underserved populations, while training future health and social service professionals.
Community Volunteers in Medicine	<u>Smoking Cessation Program</u> – to provide a personalized smoking cessation program, using medications and counseling, to uninsured low income patients.
Gearing Up	<u>Gearing Up to Promote CV Health Among Female Inmates</u> – to fund a research program evaluating the impact of an indoor cycling and health education program for incarcerated women.
Healthy NewsWorks	<u>Healthy NewsWorks Heart-Healthy Student Media Project</u> – to increase knowledge about cardiovascular health among Delaware Valley school children and their families through school based health publications.
National Nursing Centers Consortium	<u>Students Run Philly Style</u> – long distance running program for middle and high School students in Philadelphia
Pennsylvania Academy of Family Physicians Foundation	<u>Residency Program and Community Health Centers Collaborative</u> – to support the Academy’s Residency and Community Health Center Collaborative programs to instruct family medicine residents and practitioners at community health centers in cardiovascular care, using a outcomes based CME evaluation model.

Penrose Elementary School	<u>Churches and Schools Together Program</u> – to continue school based fitness programs and to expand the programs into local churches and community groups.
Puentes de Salud	<u>Promotoras Healthy Heart Program</u> – to support community health workers in providing cardiovascular health information and health care navigation services to the South Philadelphia Latino population.
St. Catherine Labouré Medical Clinic	<u>General Operating Support</u> - to support care relating to cardiovascular health for uninsured patients in Germantown.
Thomas Jefferson University	<u>Cardiovascular Education of Primary Care Physicians</u> – to fund The Edna G. Kynett Memorial Foundation Seminar series and CME for primary care physicians on the prevention of cardiovascular disease.
University of Pennsylvania	<u>Cardio-Oncology Survivorship Network</u> – to fund a multifaceted pilot program to improve the cardiovascular care of cancer patients in the Delaware Valley.
University of Pennsylvania School of Medicine	<u>FOCUS on Health and Leadership of Women</u> – Junior Faculty Investigator Award and Medical Student Fellowship for research in women’s cardiovascular health

**2012**

**Organization**

**Project Title**

Bridging the Gaps Consortium University of Pennsylvania School of Medicine	General Operating Support
Bryn Mawr Hospital	Women’s Heart Initiative
Community Volunteers in Medicine	Smoking Cessation Program
Delaware Valley Community Health, Inc.	Cardiovascular Care for the Un/Underinsured
Drexel University College of Medicine	Hypertension HighLights-ASH 2012 Seminar for Office Practitioners
The Food Trust	Healthy Corner Store Initiative
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
National Nursing Centers Consortium	Students Run Philly Style
Penn Presbyterian Medical Center	Cardiology Update 2012: A Patient Management Approach
Penrose Elementary School	Families Fitness First Program; Technology Health and Fitness Together
Philadelphia College of Osteopathic Medicine	Reducing Cardiovascular Risk in Underserved North Philadelphia
Puentes de Salud	Promotora Program to Prevent Cardiovascular Disease
St. Catherine Labouré Medical Clinic	Cardiovascular Disease Prevention and Intervention for the Uninsured
University of Pennsylvania School of Medicine	FOCUS on Health Leadership for Women

## 2011

### Organization

Community Volunteers in Medicine  
Jefferson Medical College  
National Nursing Centers Consortium  
Pennsylvania Hospital –  
University of Pennsylvania Health System  
Puentes de Salud  
University of Pennsylvania School of  
Medicine  
University of Pennsylvania School of  
Nursing  
University of Pennsylvania School of  
Nursing

### Project Title

Smoking Cessation Program  
Cardiovascular Education of Primary Care Physicians  
Students Run Philly Style  
2<sup>nd</sup> Annual Heart Disease and Pregnancy Symposium  
General Operating Support  
FOCUS on Health Leadership for Women  
Spiritual Vignettes to Increase Medication Adherence  
Among Black Church Members with High Blood Pressure  
Tailoring Self-Care Interventions for Heart Failure Patients

## 2010

### Organization

Albert Einstein Healthcare Network  
Bridging the Gaps Consortium  
Cardiovascular Institute of Philadelphia  
Children's Hospital of Philadelphia  
Community Volunteers in Medicine  
Drexel University College of Medicine  
Jefferson Medical College  
National Nursing Centers Consortium  
Pennsylvania Hospital –  
University of Pennsylvania Health System  
Philadelphia College of Osteopathic Medicine  
St. Catherine Labouré Medical Clinic  
University of Pennsylvania School of Medicine

### Project Title

Healthy Steps to a Healthy Heart  
Community Health Internship Program  
Exercise as a Prescription for Health: A Multidimensional  
Approach  

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Heart & Soul – Faith-based Cardiovascular Risk Factor  
Education  
Heart and Mind Education Day  
Smoking Cessation Program  
Cardiac Auscultation for the General Internist in  
Office Practice  
Cardiovascular Education of Primary Care Physicians  
Students Run Philly Style  
First Annual Penn Symposium on Pregnancy and  
Heart Disease  
Heart Healthy program  
Cardiovascular Care for the Uninsured  
FOCUS on Health Leadership for Women



University of Pennsylvania School of Nursing      Getting the Right Care for the Right Patient:  
Breaking the Cycle of Heart Failure Readmissions

## **2009**

### **Organization**

### **Project Title**

Abington Memorial Hospital	Change of Heart Program
Bridging the Gaps Consortium	Community Health Internship Program
Drexel University School of Public Health	African American Heart Failure Prevention Study
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians
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	Student Research
Penn Presbyterian Medical Center	Continuing Medical Education: Cardiology Update 2010
Reading Hospital and Medical Center	Research on weight management interventions for African-American Women
St. Catherine Labouré Medical Clinic	Cardiovascular Care for the Uninsured
University of Pennsylvania School of Medicine	FOCUS on Health & Leadership for Women

## **2008**

### **Organization**

### **Project Title**

American Heart Association, SE PA Region	"Silent No More" Conference for African-American & Latino Women
Bridging the Gaps Consortium	Community Health Internship Program
Cardiovascular Institute of Philadelphia	Continuing Medical Education: Heart Health Conference Office Management of Heart Disease
Community Volunteers in Medicine	Smoking Cessation Program
Drexel University College of Medicine	Continuing Medical Education
Jefferson Medical College	Cardiovascular Education of Primary Care Physicians Funding for Student Research
Main Line Health Heart Center	Conference on Cardiac Arrhythmias
National Nursing Centers Consortium	Students Run Philly Style
Penn Presbyterian Medical Center	Continuing Medical Education: Cardiology Update 2009
Penrose Elementary School	Collaborative Fitness Program
Reading Hospital and Medical Center	Research on weight management interventions
St. Catherine Labouré Medical Clinic	Cardiovascular Care for the Uninsured

University of Pennsylvania Health System      Self-Care in Congenital Heart Disease - research study  
on self-care for young adults with congenital heart disease

University of Pennsylvania Health System      Helping Adolescents to Reach Transition (HEART)

University of Pennsylvania School of Medicine      FOCUS on Health & Leadership for Women